



University of Debrecen
Faculty of Health Sciences



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PROJECT
FINANCED FROM
THE NRDI FUND

The Conference is supported by MEC_24 sub-programme MEC_SZ_24 of the "Scientific Patronage Call" under the ID number: MEC_SZ149415 "International Gerontology Conference"



Gerontology Days 2025.
International Scientific Conference
15-17 October 2025



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CONFERENCE PROGRAMME

ON 17 TH OCTOBER

8:30 Registration

Nyíregyháza, Sóstói út. 2-4. Zilahi Hall, (University of Debrecen, Faculty of Health Sciences)

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m656b832fa6663ffd46ebc6544c86741c>

Place: Zilahi Hall

Host: Ágnes Stomp, University of Debrecen, Hungary

9:00 Welcome Speeches

Dr. Ágnes Bene, Department of Gerontology, Faculty of Health Sciences, University of Debrecen, Hungary

Prof. Dr. Christian Borg Xuereb, Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta

Key note speakers:

9:20

Behavioural technics in work with seniors

Dr. Ondrej Botek, Ph.D., F.R.S.A.,
Department of Social Work, Faculty of Health Care and Social Work, Trnava University in Trnava, Slovakia

9:50

Ageing, Dignity and Daily Life: A Phenomenological Inquiry into Older Men in Malta's Prison System

Prof. Dr. Christian Borg Xuereb, Paul Schembri
Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta



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10:20

Intergenerational folk dance: Dances from Moldva (Transilvania)

Kerekerdő Kindergarden Így tedd rá folkdance group

and

Canned Food Factory Pensioner Association

instructor: Mónika Balassáné Sebestyén Methodology instructor of „Így tedd rá” programme

11:30

Official Group photo

10:40-11:00 Coffee break

SESSIONS (1-5.)



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Session 1.

Place: Zilahi Hall

Host: Dr. Gergely Fábián, University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Social Sciences, Hungary

Co-host: Dr. Adrienn Újváriné Siket, University of Debrecen Faculty of Health Sciences, Hungary

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m656b832fa6663ffd46ebc6544c86741c>

11:00

Well-being among the Elderly - challenges for social policy

Dr. Marzanna Farnicka

Family Psychology Unit Psychology Institute, University of Zielona Góra, Poland

11:20

Focusing on UN Decade of healthy aging: national plans across Europe to Asia

Prof. Dr. Elena Golubeva

Department of Social Work and Social Security, Northern Arctic Federal University, Russia

Russian Gerontological Society, Russia

Dr. Nidhi Mishra

Applied Psychology GITAM School of Humanities and Social Sciences Visakhapatnam, India

11:40

The challenges of community nursing in Europe, with a focus on health advice, patient education, digital education and the potential of telecare in nursing and nursing education

Dr. Adrienn Újváriné Siket

University of Debrecen Faculty of Health Sciences, Hungary

12:00

Self compassion in elderly people: Samples from studies

Dr. Emel Bahadır Yilmaz

Giresun University, Turkey

12:00-12:20 Coffee break

12:20

Social Ingredients in Gerontopsychiatry: Challenges and Overcoming

Prof. Dr. Andrey Soloviev

Department of Psychiatry and Clinical Psychology Northern State Medical University, Russia



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12:40

Are We Listening to Elders? Intergenerational Wisdom as a Protective Factor Against Bullying in Diverse Academic Spaces

Jebari Mariem

Doctoral School of Sociology, Faculty of Social Sciences, Eötvös Loránd University, Hungary

13:00

Growing Old and Being LGBTIQ in Malta: What Happens When We Need Care?

Christian Vella

Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta

Session 2.

Place: 1. Large Lecture Hall (1. Nagyelőadó terem)

Host: Dr. Katalin Papp, University of Debrecen, Faculty of Health Sciences, Hungary

Co-host: Dr. Nicoleta Mitrea, Department of Fundamental Disciplines and Clinical Prevention, Faculty of Medicine, University of Transilvania from Brasov, Romania

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=md1e1fcdab94d2187379ce60f3d716828>

11:00

Climate Change and Aging: Health Challenges

Prof. Dr. Klára Gadó

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

11:20

Pain assessment and therapy in palliative care

Dr. Nicoleta Mitrea

Department of Fundamental Disciplines and Clinical Prevention, Faculty of Medicine, University of Transilvania from Brasov, Romania

Department of Education and Research, HOSPICE Casa Sperantei, Brasov, Romania

11:40

Interpersonal communication style towards hospitalized seniors - study report

Dr. Joanna Hoffman- Aulich

Dr. Monika Lato - Pawłowska

The Nursery Department, The Health Sciences Institute, University of Zielona Góra, Poland

Dr. Marzanna Farnicka

Family Psychology Unit Psychology Institute, University of Zielona Góra, Poland



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12:00

Enhancing Geriatric Care through Speech-Language Therapy – Practical Tools for Cognitive-Communication Disorders

Ádám Szücs

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

12:00-12:20 Coffee break

12:20

Physiotherapy in Semmelweis University Geriatrics Clinic and Center for Nursing Sciences

Handulle Hair Abdullahi

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

12:40

Examining the effects of physical activity on the impact of older people's bereavement in ELSA data

Zsuzsanna Balogh

Lancaster University, Division of Health Research, UK

University of Szeged, Faculty of Health Sciences and Social Studies, Hungary

13:00

Frailty as the Cornerstone of Elderly Care: Strategies for Early Detection and Intervention

Abu Baker

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

Session 3.

Place: Tower Loft Auditorium (Torony, tetőtér)

Host: **Dr. Bassel Anwar Asaad**, Tishreen University Department of Economics and Planning, Syria

Co-host: **Teresa Alves Martins**, Centre for Research and Innovation in Education (inED) Porto Polytechnic School of Education (ESE), Portugal

Co-host: **Ivett Stumpf-Tamás**, University of Debrecen, Faculty of Health Sciences, Hungary

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m02e7299410d3f627f4a22038500ff7e8>



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11:00

Political participation of retired people towards a future for all ages – from Portugal to Europe

Teresa Alves Martins

Centre for Research and Innovation in Education (inED) Porto Polytechnic School of Education (ESE), Portugal

11:20

Health literacy and active ageing among the population 65+ in the South Bohemian Region in the Czech Republic

Hellerová Věra, Brabcová Iva, Bártlová Sylva

The University of South Bohemia in České Budějovice, Faculty of Health and Social Sciences, Institute of Nursing, Midwifery and Emergency Care, Czech Republic

11:40

Perceived barriers and enablers to outdoor mobility among older adults in the Nordic Arctic Region

Dr. Anastasia Emelyanova

University of Oulu, Finland

Dr. Agneta Larsson

Luleå University of Technology, Sweden

Dr. Steinunn Ólafsdóttir

University of Iceland, Iceland

12:00

Health status of persons aged 65+ - cross-sectional study

Iva Brabcová

University of South Bohemia in Ceske Budejovice, Faculty of Health and Social Sciences, Institute of Nursing, Midwifery and Emergency Care, Czech Republic

12:00-12:20 Coffee break

12:20

Self-care behaviour and illness perception in older adults with heart failure in outpatient care

Mária Sováriová Soósová

Pavol Jozef Šafárik University in Košice, Faculty of Medicine, Institute of Nursing, Košice, Slovakia



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12:40

Unmet care needs of older patients with maxillofacial diseases: A cross-sectional study

Dominika Kohanová

Constantine the Philosopher University in Nitra, Faculty of Social Sciences and Health Care, Slovakia

Ján Valentíny

University Hospital Banská Bystrica

Andrea Sollárová

Constantine the Philosopher University in Nitra, Faculty of Social Sciences and Health Care, Slovakia

13:00

The burden on informal caregivers caring for a family member

Valéria Parová

Pavol Jozef Šafárik University in Košice, Faculty of Medicine, Slovakia

Session 4. INCUBATOR SESSION

Place: Tower Ground Floor Video Conference Hall (Torony földszinti videókonferencia terem)

Host: Dr. Katalin Balázs, University of Debrecen, Faculty of Humanities, Institute of Psychology, Department of Social and Work Psychology, Hungary

Co-host: Emese Nagyné Lengyel, University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Psychology, Hungary

Co-host: Zsolt Gulyás, University of Debrecen, Faculty of Medicine, Institute of Behavioural Sciences, Hungary

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m075f62e905557d87377e731e458a5c2e>

11:00

Social support systems for the elderly in the Philippines: A policy and demographic analysis

Magana Dan Louie

University of Debrecen, Faculty of Health Sciences, Hungary, Philippines

11:15

Adapting the WHO Age-Friendly Cities Framework to Address Challenges in Kenya's Urban Informal Settlements

Fidella Ngugi

University of Debrecen, Hungary, Kenya



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11:30

Beyond Longevity: How Gender Roles Shape the Ageing Experience of Women in Nigeria

Oluwatobi Mercy Odedina

University of Debrecen Faculty of Health Sciences, Hungary, Nigeria

11:45

Ageing in Two Worlds: Policy and Culture in Pakistan and Hungary

Minahil Majid, Rabia Nayyar Butt

University of Debrecen Faculty of Health Sciences , Hungary, Pakistan

12:00-12:20 Coffee break

12:20

Resilience Amid Crisis: The Impact of COVID-19 on Older Adults in Jordan - Challenges, Interventions, and Policy Innovations

Dina Kamal

University of Debrecen, Hungary, Jordan

12:35

Ageing Without Care? The Healthcare Insecurity Among The Elderly in Nigeria

Oluwakemi Kafilat Oyedeki

University of Debrecen Faculty of Health Sciences, Hungary, Nigeria

12:50

Physical Activity and Healthy Aging

Muhammed Ahmed

University of Debrecen, Hungary

13:05

Weaving threads of care: Examining extended family support for aging in rural Ghana

Amos Elikplim Awuku

University of Debrecen, Hungary, Ghana

13:20-14:20 Lunch break

Session 5.

Place: Zilahi Hall

Host: Prof. Dr. Elena Golubeva, Department of Social Work and Social Security, Northern Arctic Federal University, Russia; Russian Gerontological Society, Russia

Co-host: Ágnes Stomp University of Debrecen, Faculty of Health Sciences, Hungary

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m656b832fa6663ffd46ebc6544c86741c>

14:20

Rewriting Female Ageing: Positive Later-Life Narratives in Post-COVID Cinema from the Global North

Rodriguez Julieta Atenas

University of Debrecen, Hungary

14:40

Someone makes videos and gets the money for it' - Agency of Older TikTokers in Digital Capitalism

Edit Paulo

ELTE Eötvös Loránd University, Sociology Doctoral School, Hungary

15:00

Walking Toward Understanding: Engaging Older Adults in Intercultural Dialogue Through the Orrajt Migrantour project in Malta

Dr. Viviana Premazzi

Center for Liberal Arts and Sciences, University of Malta, Malta

GMD Training and Consultancy Services Ltd., Malta

15:20

Charity, Mental health and Hike adventures in Malta

Gregory Camenzuli

Trekking friends, Malta

15:40

Longer male life in the mediterranean - Older men's roles, habits and leisure activities in Malta

Dr. Ágnes Bene

University of Debrecen, Hungary

Brigitta Váradi, Andrea Izsó

freelance professionals, Malta

Gabriella Mihály-Gajdos

freelance professional, Spain



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Session 6.

Place: 1. Large Lecture Hall (1. Nagyelőadó terem)

Host: Dr. Anikó Panna Tóth, University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Social Sciences and Social Work, Hungary

Co-host: Dr. László Patyán, Institute of Social Sciences Reformed Theological University of Sárospatak, Hungary

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=md1e1fcdab94d2187379ce60f3d716828>

14:20

The appearance of old age in the documents regulating artificial intelligence of the European Union and Hungary

Imre Töviskes

University of Pécs, Faculty of Humanities and Social Sciences, Doctoral Program in Philosophical Sciences

Balázs Molnár

University of Miskolc, Faculty of Humanities and Social Sciences, Teacher Training Institute

14:40

Dynamic and Interoperable Social Welfare Integrated System (DISWIS) – A Data Architecture Model

Enrique H. Gascon Jr.,

Department of Social Welfare and Development, (DSWD), Philippines

Climson L. Balangue

University of Debrecen, Hungary

15:00

Digital Homecoming: Investigating Belonging and Ageing in Place among Older Syrians with a Migration Experience in Frankfurt and Surroundings

Roua Shaban

Goethe University Frankfurt, Germany

15:20

Digitalisation and older workers. Digitalisation in the home care system

Dr. László Patyán

Institute of Social Sciences, Reformed Theological University of Sárospatak, Hungary

15:40

Digital Solutions for Supporting Active and Healthy Aging and Elderly Care

Dr. Anikó Panna Tóth

University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Social Sciences and Social Work, Hungary



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Session 7.

Place: Tower Ground Floor Video Conference Hall (Torony földszinti videókonferencia terem)

Host: Dr. Győző Pék, University of Debrecen, Hungary

Co-host: Dr. Zofia Szweda-Lewandowska, SGH Warsaw School of Economics, Poland

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m075f62e905557d87377e731e458a5c2e>

14:20

**Hungarian and European Conscious Ageing Network
Cooperation between Municipalities, Municipality Associations, NGOs and Business to
promote active and conscious ageing in Hungary and Europe"**

Kinga Milankovics,

Hekate Conscious Aging Foundation, Hungary

Bettina Török

University of Pécs, P-AGE, Hungary

14:40

**Older people in the structure of local society - results and experiences of the panel
survey in Nyíregyháza**

Prof. Dr. Mihály Fónai

University of Debrecen, Faculty of Humanities, Hungary

15:00

Inmates with Dementia: Responding to an Ageing and Ailing Prison Population

Dr. Zofia Szweda-Lewandowska

Dr. Joanna Felczak

SGH Warsaw School of Economics, Poland

15:20

**The role of balneotherapy in helping older people take advantage of new job
opportunities**

Helmeczi Gabriella

University of Debrecen, Faculty of Health Sciences

15:40

Characteristics of addictions in old age - Preventive aspects

Dr. Győző Pék

University of Debrecen, Hungary

Session 8.

Place: Tower Loft Auditorium (Torony, tetőtér)

Host: **Dr. Bassel Anwar Asaad**, Tishreen University Department of Economics and Planning, Syria

Co-host: **Dr. Shah Ali Murtaza**, Department of Management Sciences, Beaconhouse National University Pakistan

Co-host: **Ivett Stumpf-Tamás**, University of Debrecen, Faculty of Health Sciences, Hungary

Webex link:

<https://unideb.webex.com/unideb-hu/j.php?MTID=m02e7299410d3f627f4a22038500ff7e8>

14:20

A new Precedent in Health Cooperation to Make an Assessment Model of Total Demand for Health Service

Dr. Bassel Anwar Asaad

Tishreen University, Department of Economics and Planning, Syria

Dana Dagher

University of Debrecen, Faculty of Health Science

Mohammad Bassam Kashmar

Department of Communications and Electronics Engineering, Faculty of Electrical Engineering, Homs University, Syria

Zahraa Ammar Khadour

Department of Computer and Automation Engineering, Faculty of Electrical Engineering, Homs University, Syria

14:40

Forever Vital: Redefining Age, Well-being, and Quality of Life

Dr. Shah Ali Murtaza

Department of Management Sciences, Beaconhouse National University Pakistan

15:00

The Challenges and Rewards of International Research on Aging

Professor Dr. Ellen L. Csikai

School of Social Work, The University of Alabama, USA

Dr. László Patyán

Reformed Theological University of Sárospatak, Hungary

15:20

Generational change in pensioner organisations: challenges and opportunities in leadership succession

Ivett Stumpf-Tamás; Dr. Mariann Móri

University of Debrecen Faculty of Health Sciences, Hungary



Programme of the Conference 15-17 October 2025

	15 October 2025 Wednesday	16 October 2025 Thursday	17 October 2025 Friday
Programmes	Book launch (on Geriatric Readaptation) titled: Re-adaptation treatment of elderly patients in regiatric practice I. Intergeneration Minifilm festival	Hungarian Conference Day Invited and accredited Plenary and Section Presentations; and accepted Scientific and Professional Presentations	International Conference Day in English Invited Plenary and Section Presentations; and accepted Scientific Presentations
Language	Hungarian	Hungarian	English
Speakers can apply	Mini films - university students, high school students	with Hungarian session presentation (title, presenter, co-authors, affiliation, keywords, abstract) Hungarian poster (paper; pdf) (title, presenter, co-authors, affiliation, keywords, abstract)	with English language session presentation (title, presenter, co-authors, affiliation, keywords, abstract) English language poster (paper; pdf) (title, presenter, co-authors, affiliation, keywords, abstract)
Location: personal	Main building University of Debrecen Debrecen, Egyetem tér 1.	Nyíregyháza Campus University of Debrecen Faculty of Health Sciences (HU-4400 Nyíregyháza, Sóstói út 2-4.)	Nyíregyháza Campus University of Debrecen Faculty of Health Sciences (HU-4400 Nyíregyháza, Sóstói út 2-4.)



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Dr. Blaskovich, Erzsébet
Dr. Bene, Ágnes PhD; Dr. habil. Kovács, Éva
Prof. Dr. Leilbach, Ádám; Dr. Majercsik, Eszter PhD
Mészáros Lászlóné Bóla, Valéria; Dr. Zöllei, Magdolna

Idős betegek re-adaptációs kezelése a geriátriai gyakorlatban

Magyar-angol egyetemi tankönyv



Re-adaptation treatment of elderly
patients in geriatric practice
Hungarian-English university textbook



Idős betegek re-adaptációs kezelése a geriátriai gyakorlatban
RE-ADAPTATION TREATMENT OF ELDERLY PATIENTS IN GERIATRIC PRACTICE

A kiadó ajánlása

Szakkönyvünk az idősgyógyászat egy speciális területét, a geriátriai re-adaptáció módszertanát, gyakorlati alkalmazását mutatja be, ami egy olyan új szemléletű állapotjavító eljárás, amely a hagyományos rehabilitációval már nem kezelhető idős betegek életminőségének javítását szolgálja. A könyvet több évtizedes klinikai és betegágy melletti tapasztalattal rendelkező szakemberek írták, akik az elmélet és a gyakorlat ötvöztetésével korszerű megközelítést képviselnek az idős gondozásban. Az idősgyógyászati és ápolástudományi szakkönyv mostani, második kiadása számos új elemmel bővült, és a növekvő nemzetközi érdeklődésre való tekintettel magyar és angol nyelven is olvasható. Célja az idősök (ön)ellátásának támogatása és a megváltozott élethelyzethez való alkalmazkodás elősegítése, valamint olyan hiánypótló szakmai tudásanyag átadása, amely fontos támpontot nyújt a krónikus betegek ellátásában részt vevő gondozók, hozzátartozók és szakemberek számára.

Publisher's recommendation

This professional volume explores a specialized field of geriatric medicine: the methodology and practical application of geriatric re-adaptation. This innovative, condition-improving approach is designed to improve the quality of life for older patients whose needs can no longer be met through conventional rehabilitation. Written by experienced professionals with decades of clinical and bedside practice, the book integrates theoretical knowledge with hands-on expertise to present a modern perspective on elderly care. This second edition of the textbook - targeted at professionals in geriatric medicine and nursing science - has been expanded to include with numerous new elements and is now available in both Hungarian and English, reflecting growing international interest. The book aims to support (self-) care for older people, to facilitate adaptation to changed life circumstances, and to convey professional knowledge that fills an important gap. The publication serves as a valuable resource for caregivers, family members, and professionals involved in the care of individuals with chronic conditions.



Available at: <https://www.koppmariaintezet.hu/hu/>

I. INTERGENERÁCIÓS MINIFILM-FESZTIVÁL

2025. OKTÓBER 15. SZERDA
DEBRECENI EGYETEM, FŐPÉLET, SZIGET (DEBRECEN, EGYETEM TÉR 1.)

Program

16.00-16.10 Megnyitó

Dr. Mór Marianna, dékán, Debreceni Egyetem, Egészségtudományi Kar

16.10-16.30 Bevezető előadás - Ezüst társadalmak és kortárs film

Dr. Ureczky Eszter, tanszékvezető, egyetemi adjunktus, Debreceni Egyetem, Bölcsészettudományi Kar

16.30-17.15 Kerekasztal-beszélgetés - Idősödés és intergenerációs kapcsolatok

Résztevők:



Arató András, villamosmérnök („Hide the pain Harold”)



Dr. Bene Ágnes, egyetemi adjunktus, Debreceni Egyetem, Egészségtudományi Kar



Dr. Ureczky Eszter, tanszékvezető, egyetemi adjunktus, Debreceni Egyetem, Bölcsészettudományi Kar



Salamon Lea, tanuló

Moderál:



Dr. Márkus Edina, egyetemi adjunktus, Debreceni Egyetem, Bölcsészettudományi Kar

17.15-18.00 Díjátadó, díjazott kisfilmek vetítése



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Nemzetközi Tudományos Konferencia GERONTOLÓGIAI NAPOK 2025.

2025. OKTÓBER 15-17.

A Konferencia központi témaköre:

EGYÜTTMŰKÖDÉS



Debreceni Egyetem
Egészségtudományi Kar



KINCS
Közművelődési és Nemzeti Kultúrpolitikai Szakértői Tanács



L-Università ta' Malta
Faculty for Social Wellbeing



Debreceni Egyetem
Bölcsészettudományi Kar



HUNGARIAN GOVERNMENT



HUNGARIAN GOVERNMENT

A Konferencia megrendezését támogatja a MEC_24 kódszámú „Tudományos Mecenatúra Pályázat”
MEC_SZ_24 kódszámú alprogramja MEC_SZ_149415 azonosítószámon „Nemzetközi Gerontológia Konferencia”



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Organising Committee

Chairwoman:

- **Dr. habil Marianna Mór ,** Dean of the Faculty of Health Sciences of the University of Debrecen

Members:

- **Dr.  gnes Bene - secretary of the Conference**
 - bene.agnes@etk.unideb.hu
 - [+36302330354](tel:+36302330354)
 - [+36304611001](tel:+36304611001)
- M nika K tiss  Plajner M nika *accreditation*
- Ivett Stumpf-Tam s *accreditation*
- Dr. habil. Edina Moln r
- Dr. Katalin Papp
- Dr. Emel Bahadır Yılmaz
- Dr. Eszter Ureczky
- Dr. Edina M rkus
- Dr. Luca Cs. Kiss
-  gnes Stomp
- Gy rgy Kirilla
- Tam s Szab 
- Zsoltn  Varga
- Lajos Sajtos

Co-organiser

University of Malta, Faculty for Social Wellbeing



Partners

- National Association of Doctoral Students, Department of Economics (DOSZ KTO)
- THE ASSOCIATION FOR WOMEN'S CAREER DEVELOPMENT IN HUNGARY (AWCDH)
- Sarudiak Association
- P-AGE Tudatos Öregedés
- Association of Consumer Protections in Hungary (Fome)
- Economic Competition Advisory Office Network (GVTI)
- Financial Navigator Advisory Office Network (PNTI)
- MTA DAB Területi Bizottság Szabolcs-Szatmár-Bereg Megyei Szakbizottság Életmód és Egészségkutatások Interdiszciplináris Munkabizottság
- MTA DAB Területi Bizottság Orvostudományi Szakbizottság Geriátriai és Szociálgerontológiai Munkabizottság
- Tiszaörsi Barázda Élelmiszer- előállító Start Szociális Szövetkezet
- Kopp Mária Intézet a Népesedésért és a Családokért (KINCS)
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