

*The Conference is supported by MEC\_24 sub-programme MEC\_SZ\_24 of the "Scientific Patronage Call" under the ID number: MEC\_SZ149415 "International Gerontology Conference"*



**Gerontology Days 2025.**  
**International Scientific Conference**  
**15-17 October 2025**



University of Debrecen  
Faculty of Health Sciences



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PROJECT  
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# CONFERENCE PROGRAMME

## ON 17 TH OCTOBER

8:30 Registration

Nyíregyháza, Sóstói út. 2-4. Zilahi Hall, (University of Debrecen, Faculty of Health Sciences)

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m656b832fa6663ffd46ebc6544c86741c>

Place: Zilahi Hall

*Host: Ágnes Stomp*, University of Debrecen, Hungary

### 9:00 Welcome Speeches

**Dr. Ágnes Bene**, Department of Gerontology, Faculty of Health Sciences, University of Debrecen, Hungary

**Prof. Dr. Christian Borg Xuereb**, Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta

### *Key note speakers:*

9:20

#### **Behavioural technics in work with seniors**

Dr. Ondrej Botek, Ph.D., F.R.S.A.,  
Department of Social Work, Faculty of Health Care and Social Work, Trnava University in Trnava, Slovakia

9:50

#### **Ageing, Dignity and Daily Life: A Phenomenological Inquiry into Older Men in Malta's Prison System**

Prof. Dr. Christian Borg Xuereb, Paul Schembri  
Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta



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10:20

**Intergenerational folk dance: Dances from Moldva (Transilvania)**

Kerekerdő Kindergarden Így tedd rá folkdance group

and

Canned Food Factory Pensioner Association

*instructor: Mónika Balassáné Sebestyén Methodology instructor of „Így tedd rá” programme*

10:30

**Official Group photo**

**10:40-11:00      Coffee break**

**SESSIONS (1-6.)**



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## Session 1.

Place: Zilahi Hall

*Host: Dr. Gergely Fábián*, University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Social Sciences, Hungary

*Co-host: Dr. Adrienn Újváriné Siket*, University of Debrecen Faculty of Health Sciences, Hungary

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m656b832fa6663ffd46ebc6544c86741c>

11:00

### **Well-being among the Elderly - challenges for social policy**

Dr. Marzanna Farnicka

Family Psychology Unit Psychology Institute, University of Zielona Góra, Poland

11:20

### **Focusing on UN Decade of healthy aging: national plans across Europe to Asia**

Prof. Dr. Elena Golubeva

Department of Social Work and Social Security, Northern Arctic Federal University, Russia  
Russian Gerontological Society, Russia

Dr. Nidhi Mishra

Applied Psychology GITAM School of Humanities and Social Sciences Visakhapatnam, India

11:40

### **The challenges of community nursing in Europe, with a focus on health advice, patient education, digital education and the potential of telecare in nursing and nursing education**

Dr. Adrienn Újváriné Siket

University of Debrecen Faculty of Health Sciences, Hungary

### **12:00-12:20 Coffee break**

12:20

### **Social Ingredients in Gerontopsychiatry: Challenges and Overcoming**

Prof. Dr. Andrey Soloviev

Department of Psychiatry and Clinical Psychology Northern State Medical University, Russia

12:40

### **Are We Listening to Elders? Intergenerational Wisdom as a Protective Factor Against Bullying in Diverse Academic Spaces**

Jebari Mariem

Doctoral School of Sociology, Faculty of Social Sciences, Eötvös Loránd University, Hungary



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13:00

### **Growing Old and Being LGBTIQ in Malta: What Happens When We Need Care?**

Christian Vella

Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta

13:20

### **Self compassion in elderly people: Samples from studies**

Dr. Emel Bahadir Yilmaz

Giresun University, Turkey

## **Session 2.**

Place: 1. Large Lecture Hall (1. Nagyelőadó terem)

*Host: Dr. Katalin Papp*, University of Debrecen, Faculty of Health Sciences, Hungary

*Co-host: Dr. Nicoleta Mitrea*, Department of Fundamental Disciplines and Clinical Prevention, Faculty of Medicine, University of Transilvania from Brasov, Romania

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=md1e1fcdab94d2187379ce60f3d716828>

11:00

### **Climate Change and Aging: Health Challenges**

Prof. Dr. Klára Gadó

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

11:20

### **Pain assessment and therapy in palliative care**

Dr. Nicoleta Mitrea

Department of Fundamental Disciplines and Clinical Prevention, Faculty of Medicine, University of Transilvania from Brasov, Romania

Department of Education and Research, HOSPICE Casa Sperantei, Brasov, Romania

11:40

### **Interpersonal communication style towards hospitalized seniors - study report**

Dr. Joanna Hoffman- Aulich

Dr. Monika Lato - Pawłowska

The Nursery Department, The Health Sciences Institute, University of Zielona Góra, Poland

Dr. Marzanna Farnicka

Family Psychology Unit Psychology Institute, University of Zielona Góra, Poland



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## 12:00-12:20 Coffee break

12:20

### **Physiotherapy in Semmelweis University Geriatrics Clinic and Center for Nursing Sciences**

Handulle Hair Abdullahi

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

12:40

### **Examining the effects of physical activity on the impact of older people's bereavement in ELSA data**

Zsuzsanna Balogh

Lancaster University, Division of Health Research, UK

University of Szeged, Faculty of Health Sciences and Social Studies, Hungary

13:00

### **Frailty as the Cornerstone of Elderly Care: Strategies for Early Detection and Intervention**

Abu Baker

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

13:20

### **Enhancing Geriatric Care through Speech-Language Therapy – Practical Tools for Cognitive-Communication Disorders**

Ádám Szücs

Semmelweis University Geriatric Clinic and Research Centre for Nursing, Hungary

## **Session 3.**

Place: Tower Loft Auditorium (Torony, tetőtér)

*Host: Dr. Bassel Anwar Asaad*, Tishreen University Department of Economics and Planning, Syria

*Co-host: Teresa Alves Martins*, Centre for Research and Innovation in Education (inED)

Porto Polytechnic School of Education (ESE), Portugal

*Co-host: Ivett Stumpf-Tamás*, University of Debrecen, Faculty of Health Sciences, Hungary

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m02e7299410d3f627f4a22038500ff7e8>

11:00

### **Political participation of retired people towards a future for all ages – from Portugal to Europe**

Teresa Alves Martins

Centre for Research and Innovation in Education (inED) Porto Polytechnic School of Education (ESE), Portugal

11:20

**Health literacy and active ageing among the population 65+ in the South Bohemian Region in the Czech Republic**

Hellerová Věra, Brabcová Iva, Bártlová Sylva

The University of South Bohemia in České Budějovice, Faculty of Health and Social Sciences, Institute of Nursing, Midwifery and Emergency Care, Czech Republic

11:40

**Perceived barriers and enablers to outdoor mobility among older adults in the Nordic Arctic Region**

Dr. Anastasia Emelyanova

University of Oulu, Finland

Dr. Agneta Larsson

Luleå University of Technology, Sweden

Dr. Steinunn Ólafsdóttir

University of Iceland, Iceland

**12:00-12:20 Coffee break**

12:20

**Self-care behaviour and illness perception in older adults with heart failure in outpatient care**

Mária Sovárióvá Soósová

Pavol Jozef Šafárik University in Košice, Faculty of Medicine, Institute of Nursing, Košice, Slovakia

12:40

**Unmet care needs of older patients with maxillofacial diseases: A cross-sectional study**

Dominika Kohanová

Constantine the Philosopher University in Nitra, Faculty of Social Sciences and Health Care, Slovakia

Ján Valentíny

University Hospital Banská Bystrica

Andrea Sollárová

Constantine the Philosopher University in Nitra, Faculty of Social Sciences and Health Care, Slovakia

13:00

**The burden on informal caregivers caring for a family member**

Valéria Parová

Pavol Jozef Šafárik University in Košice, Faculty of Medicine, Slovakia



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13:20

### **Health status of persons aged 65+ - cross-sectional study**

Iva Brabcová

University of South Bohemia in Ceske Budejovice, Faculty of Health and Social Sciences,  
Institute of Nursing, Midwifery and Emergency Care, Czech Republic

## **Session 4. INCUBATOR SESSION**

Place: Tower Ground Floor Video Conference Hall (Torony földszinti videókonferencia terem)

*Host: Dr. Katalin Balázs*, University of Debrecen, Faculty of Humanities, Institute of Psychology, Department of Social and Work Psychology, Hungary

*Co-host: Emese Nagyné Lengyel*, University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Psychology, Hungary

*Co-host: Zsolt Gulyás*, University of Debrecen, Faculty of Medicine, Institute of Behavioural Sciences, Hungary

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m075f62e905557d87377e731e458a5c2e>

11:00

### **Social support systems for the elderly in the Philippines: A policy and demographic analysis**

Magana Dan Louie

University of Debrecen, Faculty of Health Sciences, Hungary, Philippines

11:15

### **Adapting the WHO Age-Friendly Cities Framework to Address Challenges in Kenya's Urban Informal Settlements**

Fidella Ngugi

University of Debrecen, Hungary, Kenya

11:30

### **Beyond Longevity: How Gender Roles Shape the Ageing Experience of Women in Nigeria**

Oluwatobi Mercy Odedina

University of Debrecen Faculty of Health Sciences, Hungary, Nigeria

11:45

### **Ageing in Two Worlds: Policy and Culture in Pakistan and Hungary**

Minahil Majid, Rabia Nayyar Butt

University of Debrecen Faculty of Health Sciences , Hungary, Pakistan



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## 12:00-12:20 Coffee break

12:20

### **Resilience Amid Crisis: The Impact of COVID-19 on Older Adults in Jordan - Challenges, Interventions, and Policy Innovations**

Dina Kamal

University of Debrecen, Hungary, Jordan

12:35

### **Ageing Without Care? The Healthcare Insecurity Among The Elderly in Nigeria**

Oluwakemi Kafilat Oyedeji

University of Debrecen Faculty of Health Sciences, Hungary, Nigeria

12:50

### **Physical Activity and Healthy Aging**

Muhammed Ahmed

University of Debrecen, Hungary

13:05

### **Weaving threads of care: Examining extended family support for aging in rural Ghana**

Amos Elikplim Awuku

University of Debrecen, Hungary, Ghana

## 13:40-14:20 Lunch break

## Session 5.

Place: Zilahi Hall

*Host: Prof. Dr. Elena Golubeva*, Department of Social Work and Social Security, Northern Arctic Federal University, Russia; Russian Gerontological Society, Russia



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*Co-host:* **Ágnes Stomp** University of Debrecen, Faculty of Health Sciences, Hungary

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m656b832fa6663ffd46ebc6544c86741c>

14:20

**Rewriting Female Ageing: Positive Later-Life Narratives in Post-COVID Cinema from the Global North**

Rodriguez Julieta Atenas

University of Debrecen, Hungary

14:40

**Someone makes videos and gets the money for it' - Agency of Older TikTokers in Digital Capitalism**

Edit Paulo

ELTE Eötvös Loránd University, Sociology Doctoral School, Hungary

15:00

**Walking Toward Understanding: Engaging Older Adults in Intercultural Dialogue Through the Orrajt Migrantour project in Malta**

Dr. Viviana Premazzi

Center for Liberal Arts and Sciences, University of Malta, Malta

GMD Training and Consultancy Services Ltd., Malta

15:20

**Charity, Mental health and Hike adventures in Malta**

Gregory Camenzuli

Trekking friends, Malta

15:40

**Longer male life in the mediterranean - Older men's roles, habits and leisure activities in Malta**

Dr. Ágnes Bene

University of Debrecen, Hungary

Brigitta Váradi, Andrea Izsó

freelance professionals, Malta

Gabriella Mihály-Gajdos

freelance professional, Spain

## **Session 6.**

Place: 1. Large Lecture Hall (1. Nagyelőadó terem)

*Host:* **Dr. Anikó Panna Tóth**, University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Social Sciences and Social Work, Hungary



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*Co-host: Dr. László Patyán*, Institute of Social Sciences Reformed Theological University of Sárospatak, Hungary

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=md1e1fcdab94d2187379ce60f3d716828>

14:20

**The appearance of old age in the documents regulating artificial intelligence of the European Union and Hungary**

Imre Töviskes

University of Pécs, Faculty of Humanities and Social Sciences, Doctoral Program in Philosophical Sciences

Balázs Molnár

University of Miskolc, Faculty of Humanities and Social Sciences, Teacher Training Institute

14:40

**Dynamic and Interoperable Social Welfare Integrated System (DISWIS) – A Data Architecture Model**

Enrique H. Gascon Jr.,

Department of Social Welfare and Development, (DSWD), Philippines

Climson L. Balangue

University of Debrecen, Hungary

15:00

**Digital Homecoming: Investigating Belonging and Ageing in Place among Older Syrians with a Migration Experience in Frankfurt and Surroundings**

Roua Shaban

Goethe University Frankfurt, Germany

15:20

**Digitalisation and older workers. Digitalisation in the home care system**

Dr. László Patyán

Institute of Social Sciences, Reformed Theological University of Sárospatak, Hungary

15:40

**Digital Solutions for Supporting Active and Healthy Aging and Elderly Care**

Dr. Anikó Panna Tóth

University of Debrecen, Faculty of Health Sciences, Institute of Social and Sociological Sciences, Department of Social Sciences and Social Work, Hungary

## **Session 7.**

Place: Tower Ground Floor Video Conference Hall (Torony földszinti videókonferencia terem)



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*Host:* **Dr. Győző Pék**, University of Debrecen, Hungary

*Co-host:* **Dr. Zofia Szweda-Lewandowska**, SGH Warsaw School of Economics, Poland

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m075f62e905557d87377e731e458a5c2e>

14:20

**Hungarian and European Conscious Ageing Network  
Cooperation between Municipalities, Municipality Associations, NGOs and Business to  
promote active and conscious ageing in Hungary and Europe"**

Kinga Milankovics,

Hekate Conscious Aging Foundation, Hungary

Bettina Török

University of Pécs, P-AGE, Hungary

14:40

**Older people in the structure of local society - results and experiences of the panel  
survey in Nyíregyháza**

Prof. Dr. Mihály Fónai

University of Debrecen, Faculty of Humanities, Hungary

15:00

**Inmates with Dementia: Responding to an Ageing and Ailing Prison Population**

Dr. Zofia Szweda-Lewandowska

Dr. Joanna Felczak

SGH Warsaw School of Economics, Poland

15:20

**The role of balneotherapy in helping older people take advantage of new job  
opportunities**

Helmeczi Gabriella

University of Debrecen, Faculty of Health Sciences

15:40

**Characteristics of addictions in old age - Preventive aspects**

Dr. Győző Pék

University of Debrecen, Hungary

## **Session 8.**

Place: Tower Loft Auditorium (Torony, tetőtér)



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*Host: Dr. Bassel Anwar Asaad*, Tishreen University Department of Economics and Planning, Syria

*Co-host: Dr. Shah Ali Murtaza*, Department of Management Sciences, Beaconhouse National University Pakistan

*Co-host: Ivett Stumpf-Tamás*, University of Debrecen, Faculty of Health Sciences, Hungary

*Webex link:*

<https://unideb.webex.com/unideb-hu/j.php?MTID=m02e7299410d3f627f4a22038500ff7e8>

14:20

### **A new Precedent in Health Cooperation to Make an Assessment Model of Total Demand for Health Service**

Dr. Bassel Anwar Asaad

Tishreen University, Department of Economics and Planning, Syria

Dana Dagher

University of Debrecen, Faculty of Health Science

Mohammad Bassam Kashmar

Department of Communications and Electronics Engineering, Faculty of Electrical Engineering, Homs University, Syria

Zahraa Ammar Khadour

Department of Computer and Automation Engineering, Faculty of Electrical Engineering, Homs University, Syria

14:40

### **Forever Vital: Redefining Age, Well-being, and Quality of Life**

Dr. Shah Ali Murtaza

Department of Management Sciences, Beaconhouse National University Pakistan

15:00

### **The Challenges and Rewards of International Research on Aging**

Professor Dr. Ellen L. Csikai

School of Social Work, The University of Alabama, USA

Dr. László Patyán

Reformed Theological University of Sárospatak, Hungary

15:20

### **Generational change in pensioner organisations: challenges and opportunities in leadership succession**

Ivett Stumpf-Tamás; Dr. Mariann Móri

University of Debrecen Faculty of Health Sciences, Hungary

## **Session 9. Online**

Place: A (building) 115.



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*Host: Dr. Ágnes Bene*, University of Debrecen, Faculty of Health Sciences, Hungary

*Webex link:*

11:00 – 11:26

### **Empowering Older Persons: The Truths and Challenges of Care Decisions for Enhanced Quality of Life**

Dr. Maria Aurora Fenech

Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta

11:26-11:43

### **The Networks for eCooperation**

Dr. Jože Gričar

Professor Emeritus University of Maribor, Slovenia, Secretary, Professors Emeriti Network, Secretary, eSeniors 55+ Network, Secretary, Using Digital Technologies for Active Aging Initiative, Slovenia

11:43 – 12:00

### **Implementation of Intergenerational Practices for Promoting Active Ageing**

Ms Ilona Mercieca, Assistant Care Home manager, Care Malta, Malta

12:00 – 12:22

### **Reforging kinship bonds with older people**

Rev. Dr. Carlo Calleja, Resident lecturer, Department of Moral Theology, University of Malta Malta

12:22 – 12:46

### **Formal Carers' Perspectives on Elder Abuse within a Maltese Care Home**

Ms Lindsay Zarb, Department of Social Policy and Social Work at the University of Malta Malta,

Dr Maria Aurora Fenech, Senior Lecturer, Department of Gerontology and Dementia Studies, Faculty for Social Wellbeing, University of Malta, Malta

12:46 – 13:06

### **Harmonising Perspectives: Understanding the resident's voice and care homes' culture**

Mr George Fenech, Ms Letizia Marmara, CEO, Older Persons Standard Authority, Malta

13:06-13:26

**Relocation Stress Syndrome and Associated Health Outcomes among Older Persons Living in Long-Term Care Facilities: Findings from a Systematic Literature Review**

Ms Jeannette Azzopardi Gouder, Ms Roberta Sultana, Dr Maria Aurora Fenech, University of Malta, Malta

13:26 – 13:49

**Interdisciplinary falls prevention program for elder community dwellers within a Rehabilitation Hospital**

Mr Simon Cilia, Ms Anabel Cortis, Ms Edwina Pia Zammit, Ms Michela Victoria Camenzuli, Ms Ariana Marie Cassar, Karin Grech Rehabilitation Hospital, Malta

13:49 – 14:11

**Aging in the land of origins: Makedonia's impact on the Ethiopian elderly**

Tigist Mogus, University of Debrecen, Hungary

14:11 – 14:27

**Application of Bioelectrical Impedance, Phase Angle, and Bioelectrical Impedance Vector in Assessing the Nutritional Status of Elderly Individuals**

Paweł Więch, Izabela Sałacińska, Dariusz Bazaliński. University of Rzeszów, Poland

14:27 – 14:42

**Promoting active and healthy living through cooperation: Involving stakeholders in innovative projects**

Juliana Louceiro SHINE 2Europe, Portugal

Carina Dantas SHINE 2Europe, Portugal

Natália Machado SHINE 2Europe, Portugal

14:42 – 15:00

**Innovations in the Smart Silver Economy: An Overview of Their Selected Strengths and Weaknesses from an Ageing Policy Perspectiv**

Dr. Andrzej Klimczuk, SGH Warsaw School of Economics, Poland

15:00 – 15:08

**Age as a factor of hospitalization and death during Pandemic Crisis. The determinants of severe cases in Europe based on the data from SHARE survey**



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Dr. Șerban Olah, Department of Sociology and Social Work, University of Oradea, Romania

## Programme of the Conference 15-17 October 2025

|                    | 15 October 2025<br>Wednesday                                                                                                                                     | 16 October 2025<br>Thursday                                                                                                                                                                          | 17 October 2025<br>Friday                                                                                                                                                                                          |
|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Programmes         | Book launch (on Geriatric Readaptation) titled:<br>Re-adaptation treatment of elderly patients in regiatric practice<br><br>I. Intergeneration Minifilm festival | Hungarian Conference Day<br>Invited and accredited Plenary and Section Presentations; and accepted Scientific and Professional Presentations                                                         | International Conference Day in English<br>Invited Plenary and Section Presentations; and accepted Scientific Presentations                                                                                        |
| Language           | Hungarian                                                                                                                                                        | Hungarian                                                                                                                                                                                            | English                                                                                                                                                                                                            |
| Speakers can apply | Mini films - university students, high school students                                                                                                           | with Hungarian session presentation (title, presenter, co-authors, affiliation, keywords, abstract)<br>Hungarian poster (paper; pdf) (title, presenter, co-authors, affiliation, keywords, abstract) | with English language session presentation (title, presenter, co-authors, affiliation, keywords, abstract)<br>English language poster (paper; pdf) (title, presenter, co-authors, affiliation, keywords, abstract) |
| Location: personal | Main building<br>University of Debrecen Debrecen, Egyetem tér 1.                                                                                                 | Nyíregyháza Campus<br>University of Debrecen Faculty of Health Sciences (HU-4400 Nyíregyháza, Sóstói út 2-4.)                                                                                        | Nyíregyháza Campus<br>University of Debrecen Faculty of Health Sciences                                                                                                                                            |



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Dr. Blaskovich, Erzsébet  
Dr. Bene, Ágnes PhD; Dr. habil. Kovács, Éva  
Prof. Dr. Leilbach, Ádám; Dr. Majercsik, Eszter PhD  
Mészáros Lászlóné Bóle, Valéria; Dr. Zöllei, Magdolna

# Idős betegek re-adaptációs kezelése a geriátriai gyakorlatban

Magyar-angol egyetemi tankönyv



Re-adaptation treatment of elderly  
patients in geriatric practice  
Hungarian-English university textbook



Idős betegek re-adaptációs kezelése a geriátriai gyakorlatban  
RE-ADAPTATION TREATMENT OF ELDERLY PATIENTS IN GERIATRIC PRACTICE

## A kiadó ajánlása

Szakkönyvünk az idősgyógyászat egy speciális területét, a geriátriai re-adaptáció módszertanát, gyakorlati alkalmazását mutatja be, ami egy olyan új szemléletű állapotjavító eljárás, amely a hagyományos rehabilitációval már nem kezelhető idős betegek életminőségének javítását szolgálja. A könyvet több évtizedes klinikai és betegágy melletti tapasztalattal rendelkező szakemberek írták, akik az elmélet és a gyakorlat ötvöztetésével korszerű megközelítést képviselnek az idős gondozásban. Az idősgyógyászati és ápolástudományi szakkönyv mostani, második kiadása számos új elemmel bővült, és a növekvő nemzetközi érdeklődésre való tekintettel magyar és angol nyelven is olvasható. Célja az idősök (ön)ellátásának támogatása és a megváltozott élethelyzethez való alkalmazkodás elősegítése, valamint olyan hiánypótló szakmai tudásanyag átadása, amely fontos támpontot nyújt a krónikus betegek ellátásában részt vevő gondozók, hozzátartozók és szakemberek számára.

## Publisher's recommendation

This professional volume explores a specialized field of geriatric medicine: the methodology and practical application of geriatric re-adaptation. This innovative, condition-improving approach is designed to improve the quality of life for older patients whose needs can no longer be met through conventional rehabilitation. Written by experienced professionals with decades of clinical and bedside practice, the book integrates theoretical knowledge with hands-on expertise to present a modern perspective on elderly care. This second edition of the textbook - targeted at professionals in geriatric medicine and nursing science - has been expanded to include with numerous new elements and is now available in both Hungarian and English, reflecting growing international interest. The book aims to support (self-) care for older people, to facilitate adaptation to changed life circumstances, and to convey professional knowledge that fills an important gap. The publication serves as a valuable resource for caregivers, family members, and professionals involved in the care of individuals with chronic conditions.



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# I. INTERGENERÁCIÓS MINIFILM-FESZTIVÁL

2025. OKTÓBER 15. SZERDA  
DEBRECENI EGYETEM, FŐPÉLET, SZIGET (DEBRECEN, EGYETEM TÉR 1.)

## Program

16.00-16.10 Megnyitó

Dr. Mór Marianna, dékán, Debreceni Egyetem, Egészségtudományi Kar

16.10-16.30 Bevezető előadás - Ezüst társadalmak és kortárs film

Dr. Ureczky Eszter, tanszékvezető, egyetemi adjunktus, Debreceni Egyetem, Bölcsészettudományi Kar

16.30-17.15 Kerekasztal-beszélgetés - Idősödés és intergenerációs kapcsolatok

## Résztevők:



Arató András, villamosmérnök („Hide the pain Harold”)



Dr. Bene Ágnes, egyetemi adjunktus, Debreceni Egyetem, Egészségtudományi Kar



Dr. Ureczky Eszter, tanszékvezető, egyetemi adjunktus, Debreceni Egyetem, Bölcsészettudományi Kar



Salamon Lea, tanuló

## Moderál:



Dr. Márkus Edina, egyetemi adjunktus, Debreceni Egyetem, Bölcsészettudományi Kar

17.15-18.00 Díjátadó, díjazott kisfilmek vetítése



University of Debrecen  
Faculty of Health Sciences



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## Nemzetközi Tudományos Konferencia GERONTOLÓGIAI NAPOK 2025.

2025. OKTÓBER 15-17.

A Konferencia központi témaköre:

### EGYÜTTMŰKÖDÉS



Debreceni Egyetem  
Egészségtudományi Kar



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HUNGARIAN  
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A Konferencia megrendezését támogatja a MEC\_24 kódszámú „Tudományos Mecenatúra Pályázat”  
MEC\_SZ\_24 kódszámú alprogramja MEC\_SZ\_149415 azonosítószámon „Nemzetközi Gerontológia Konferencia”



PROJECT  
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### Members:

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Conference abstracts will be published in Conference Issue of Hungarian Gerontology  
(Magyar Gerontológia) scientific journal.

Home page of the Journal: <https://ojs.lib.unideb.hu/gerontologia>



## Webex links for the online

Plenary:

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